What is Dementia?

Dementia is a set of symptoms resulting from disease, such as Alzheimer's, or other conditions such as stroke, that damages the brain and interferes with a person's ability to carry out daily activities.

Who is a Family Caregiver?

Anyone providing physical, emotional, financial or other types of assistance to a family member or friend, who has a chronic disease or other condition, requiring ongoing care and attention.

When Should I have a Memory Screen?

Consider having a Memory
Screen when mental tasks that
used to be easy to perform
become difficult. If you are
concerned about your
memory or just track your
cognitive ability over time,
call the Dementia Care
Specialist today.

What is an Aging and Disability Resource Center (ADRC)

We can offer Forest and Taylor County's a single source for information and assistance related to challenges affecting older people and people with disabilities regardless of their income.



Contact your Community's. Dementia Care Specialist

Debbie Wendorf RN, MSN, DCP, DCS 1-800-699-6704 dwendorf@adrcofthenorthwoods.org www.adrcofthenorthwoods.org

300A S. Lake Ave, Crandon 845 B E Broadway Ave., Medford

DEMENTIA CARE SPECIALIST





SERVING
INDIVIDUALS,
FAMILIES AND THE
COMMUNITY
(Forest and Taylor County)

Dementia Care Specialist Initiatives

Memory Screens

The ADRC-CW offers free, confidential memory screens. Memory screens are suggested for anyone concerned about memory changes or who would like to establish a baseline memory screen. This baseline is helpful and can be used for future comparisons in determining any changes in memory. In general, the earlier the diagnosis, the easier to address memory loss.

Dementia Friends

Dementia Friends USA is part of a global movement that is challenging the way people think, act and talk about dementia. Becoming a Dementia Friend is simple. A Dementia Friend attends an informational session and learns about dementia and steps they can take to support a dementia friendly community. Learn more about how to be a Dementia Friend and how you can help turn understanding into action.



Dementia Friendly Business Training

Dementia Friendly Business Trainings
Imagine living with dementia or having a
loved one with dementia. Would you feel
welcomed, understood and safe at your local
businesses, churches, organizations or
community groups? Dementia Friendly
Business and Organizational trainings helps
employers and their staff to become
knowledgeable and aware of those living
with dementia. In this 30-60 minute session,
businesses and organizations learn how to
make simple changes to be more welcoming
and how they can make a positive difference
for their customers, clients or participants.





Dementia Care Specialist Mission

Provides support to people living with dementia and their caregivers.

Ensures the highest quality of life is preserved while navigating through the disease.

Provides Cognitive and Memory Screening to develop plans to keep you ahead of problems that may arise.

Connects you with Dementia Friendly Programs and events within your community.

Provides your community with Dementia education such as:

Memory Cafe's
Caregiver Support Groups
Dementia Friendly Business Training
Time Slips/Creative Care
Savvy Caregiver
Memory Screens

Our Services are Available FREE of Charge and <u>ALWAYS</u> Confidential