



Located on the corner of Highway 64 & Highway 13 845 E Broadway Ave # B, Medford, WI 54451

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# TAYLOR COUNTY SENIOR RESOURCE GUIDE



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Taylor County Commission on Aging offers a variety of programs and information related to older adults. Taylor County residents age 60 & over and their spouse, regardless of age are served. The following programs are offered by the Commission on Aging:

Home Delivered Meals	Senior Dining Sites
Health Promotion Programs	Senior Exercise Classes
Prevention Services	Family Caregiver Support
Informational Newsletter	Elder Benefits Services
Volunteer Driver Service	Mini Bus Transportation

Emergency Response (Care Call)



#### Disclaimer

This booklet was compiled by the Taylor County Commission on Aging and the ADRC of the Northwoods in an effort to assist individuals locating services in our community. However, it may not be all inclusive or completely accurate. Taylor County does not endorse or recommend any of the providers listed. Taylor County accepts no liability for the consequences of any actions taken on the basis of the information provided. The user assumes the risk related to his/her/its use of this information.

### CRISIS RESOURCES

Stepping Stones (Domestic & Family Violence)	715-748-3795
Suicide Prevention	988
The Taylor House, Homeless Shelter, Medford	715-785-5212
After Hours:	715-314-0339
Taylor County Human Services 24-Hr Crisis Intervention	715-748-3332

For after hours/weekends crisis services, contact the Taylor County Crisis Line at 866-317-9362 where you will be connected to a crisis counselor. This crisis counselor can connect you to a mobile crisis worker. You can also contact the Taylor County Sherriff's Department at 715-748-2200 or text "hopeline" to 741741 provided by the Center for Suicide Awareness.

Project Lifesaver is a premier search and rescue program operated internationally by public safety agencies, and is strategically designed for "at risk" individuals who are prone to the life threatening behavior of wandering. The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children with the propensity to wander due to a cognitive condition. Contact Taylor County Sherriff's Department 715-748-2200

### LIFE ALERT OPTIONS

Taylor County Commission on Aging	715-748-1491
Lifeline	855-600-5781
Clark Electric Cooperative	715-267-6544
LifeStation	855-895-9623

### HOME DELIVERED MEAL OPTIONS

Taylor County Commission on Aging	715-748-1491
Moms Meals (Frozen Meals)	877-508-6667
Home Style Direct (Frozen Meals)	866-735-0921



Telephone: Toll Free 800-699-6704 www.adrcofthenorthwoods.org

The first place to contact for assistance, information and advocacy for older adults and adults with disabilities and their families. ADRC Specialists listen to and understand each unique situation, gather information and connect people to available options and resources to maintain independence including both private and publicly funded options. The ADRC of the Northwoods serves resident in Taylor County & Forest County. The local ADRC office is co-located with the Commission on Aging at 845 B East Broadway Ave Medford, WI 54451.

ADRC Specialists- assist those over 60 and those over age 18 with disabilities to locate needed assistance within their communities. These staff are a central source of reliable and objective information about a broad range of programs and services available within the community. Through exploration of needs and an individual's entire situation and individual goals, staff help customers maintain self-sufficiency and delay or prevent the need for potentially expensive long-term care. ADRC Specialists also provide customers with education on publicly funded long-term care programs and assist with enrollment when customers feel this is the best option for themselves.

**Disability Benefit Specialist (DBS)-** provides benefits counseling for adults ages 18-59 with disabilities. A DBS can help determine benefits and programs to which you may be entitled. A DBS will provide referrals, assistance and support on other matters including disability rights and the impact of earnings on financial eligibility for public benefits.

A DBS can also help with: Medicaid, Social Security Disability Income (SSDI), Supplemental Security Income (SSI), Medicare, including Part D, Prescription Drug Assistance, FoodShare, Low-Income Tax Credits, Insurance Issues, Housing and Utility Issues and Veteran's Benefits. Elder Benefit Specialists (EBS's) assist with similar complex issues for those over the age of 60.

**Dementia Care Specialist (DCS)-** support people with dementia and their caregivers in order to ensure the highest quality of life possible while living at home. Assists our community with education, training and supporting families and caregivers understand the areas of Dementia/Alzheimer's. If you are concerned about a memory/cognitive condition, we can establish baseline information and testing by completing a free memory screen.

### **Nutrition**



#### **Home Delivered Meals**

Balanced, nutritious, home-delivered meals are available county wide to older adults who are homebound and unable to attend a congregate dining center. Donations towards the meals help to defray the cost of the meal. Contact the COA office for more information.

#### **Nutrition Dining Centers**

This program provides an opportunity to enjoy a nutritious meal in a social setting at seven locations within Taylor County. Everyone 60 years and over are welcome. All participants are allowed the opportunity to donate towards the cost of the meal. Reservations are required. Telephone the dining center manager one day in advance to reserve your meal.

Nutrition Meal Sites		
Location	Days/Hours	Phone Number
Medford Senior Center 845 E Broadway Ave Medford, WI 54451	Mon, Wed, Thur & Fri 12 Noon	715-748-2157
Stetsonville Centennial 412 E Center Ave Stetsonville, WI 54480	Tuesday & Thursday 11:30 AM	715-678-2000
Gilman Senior Center 385 Main St Gilman, WI 54433	Mon, Tue, Wed & Thur 12 Noon	715-447-8234
Goodrich Royal Gaits N3649 Spring Drive Athens, WI 54411	Wednesday 11:30 AM	715-748-3209
Jump River Community Hall W1451 River St Jump River, WI 54435	Tuesday & Thursday 12 Noon	715-668-5719
Westboro VFW N8835 Bus Hwy 13 Westboro, WI 54490	Tuesday & Thursday 11:30 AM	715-905-1235
Rib Lake Senior Center 725 S Front St Rib Lake, WI 54470	Mon, Tue & Thurs 11:30 am	715-427-5756

### Assisted Technology Resources

### **Bureau for the Blind (Taylor County)**

Al Thompson, LPC Rehabilitation Specialist for the Blind. Eau Claire office for the Blind and Visually Impaired 608-266-1255

Signature Stamp Available at Quick Print

715-748-2822

Wisconsin's Assistive Technology Program (WisTech) provides information on selecting, funding, installing and using assistive technology. 608-514-2513

### **Statewide Equipment Demonstration and Loan Network**

Demonstration, trial and loan equipment for persons who are deaf, hard of hearing, deaf-blind, mobility impaired and speech impaired. Some of the organizations do not sell equipment, however they are able to assist you in ordering equipment.

MidState Independent Living Consultants 3262 Church St Stevens Point, WI 800-382-8484 www.milc-inc.org

North Central Tech College 1000 W Campus Dr Wausau WI 715-675-3331 ext. 4095 www.ntc.edu/services/CSD/DHH/AssistedTechnology.html

The Center for Deaf-Blind Persons 3195 South Superior Milwaukee, WI (414-481-7477) www.deaf-blind.org

### FOOD PANTRIES

## TRANSPORTATION

### **First Baptist Church**

751 Grace Way Medford Phone 715-748-4936 Mondays 10:00 am to Noon Thursdays Noon to 2:00 pm

### **Indianhead Community Action Agency Food Pantry**

508 S. 8th St. Medford Phone 715-415-2457 Tuesday, Wednesday, Friday 9 am to 2 pm

### **Mobile Food Pantry**

St. Paul's Church 321 N. Park Ave., Medford Contact Number:715-748-4909 Certain Thursdays from 4:00-5:00 pm

### **Ruby's Pantry**

For questions call:715-785-5260 or 715-965-8768 Email: josh@riverofhopeonline.com

### Rib Lake Community Food Pantry United Methodist Church

1300 Church St Rib Lake, WI 54470 Phone: 715-427-3563 3rd Wednesday of each month 9:00 am to 11:00 am

### **Christ Community Church**

W14616 State Hwy 73 Sheldon, WI 54766
Phone: 715-668-5540
2nd & 4th Wednesday of each month 5:00 pm –6:30 pm

#### Mini Bus Service

A county wide transportation program allows seniors and disabled residents to access a bus ride to various communities for medical appointments, shopping, recreation and nutritional purposes. The program is designed to help individuals gain access to necessities. The COA contracts with a third party to provide this service

SCI VICC.	
Monday	Round Trip to Medford Dining Site (2 miles of Medford)
Tuesday	<ul> <li>Round Trip to Stetsonville Dining Site (2 miles of Medford)</li> <li>From: Gilman, Lublin, Hwy 64 West, Stetsonville and Medford to City of Medford</li> <li>Stops include: County Market, Walmart, Kwik Trip, Family Dollar/Dollar Tree</li> <li>Once a month will include the food pantry and circle of faith</li> </ul>
Wednesday	<ul> <li>Round Trip to Medford Dining Site (2 miles of Medford)</li> <li>From Rib Lake, Westboro, Chelsea Goodrich and Medford to City of Medford</li> <li>Stops include: County Market, Walmart, Kwik Trip, Family Dollar/Dollar Tree</li> <li>Once a month will include the food pantry and circle of faith</li> <li>5-10 pm Medford (2 Mile radius with regular stops)</li> </ul>
Thursday	Round Trip to Medford Dining Site (2 miles of Medford)
Friday	<ul> <li>Round Trip to Medford Dining Site (2 miles of Medford)</li> <li>Alternating to Eau Claire, Marshfield, Wausau and other destinations; also alternating parts of the county for pick up. Please call for more details.</li> </ul>

A fee is charged for all trips. Reservations must be made by 2:00 pm the day prior to the ride. Prior to the first ride we require registration and a signed rider code of conduct to be completed.

#### 55 Years & Over or Disabled

\$1.00 Round trips to dining site \$7.00 Round trips within the County \$10.00 Round trips to Marshfield, Wausau & Eau Claire \$15.00 Round Trips to Appleton or other location

#### **General Public**

\$10.00 Round trips within the County \$15.00 Round trips to Marshfield, Wausau & Eau Claire \$25.00 Round Trips to Appleton or other location



### Elder Benefit Specialist (EBS) 715-748-1487

Assists county residents age 60 and older in securing federal and state benefits. We help older persons understand what benefits are available which include but are not limited to: Medicaid (Medical Assistance), Social Security, Retirement, Supplemental Social Security, Medicare (including Part D), Prescription Drug Assistance, Food Share, health insurance and other public and private benefits, if they are entitled to them and what they must do to receive them.

#### Newsletter

The Commission on Aging's monthly newsletter includes a variety of educational and recreational information relevant to the older adult.

#### **Senior Exercise Class**

Senior Exercise Classes are offered at the Taylor County Fair Grounds in the Multi –Purpose room. Monday and Thursdays from 11:15 am-11:45 am. Classes are free to those who are 60 and older.

#### **Volunteer Driver Service**

Volunteers furnish transportation for seniors and disabled residents to medical facilities and shopping, both locally and out of town. A fee per mile is associated with this service. Please call for more details. 715-748-1491

### **National Family Caregiver Support**

Focuses on the tremendous demands placed on caregivers. The purpose of the program is to support and assist caregivers as they provide help, caregiving and assistance to older family members. The program also assists older relatives who have minor children under their care. We can also offer online support, yoga, and a caregiver specific newsletter.

### SUPPORTIVE HOME CARE

715-748-2950
715-748-6070
715-492-0191

### HOME HEALTH AGENCIES

Aspirus At Home	715-847-2600
Aurora Community Services	715-235-1839 or 800-301-5897
Compassus, Marshfield	715-301-7360

### HOSPICE SERVICES

Hope Hospice & Palliative Care	715-748-3434
Aspirus Hospice	715-847-2424
St. Croix Hospice	715-898-1741

## **DURABLE MEDICAL EQUIPMENT**

715-748-4477
715-748-3322
800-847-4707
715-384-0088
715-536-2525
715-843-5985
800-382-8484

### **PHARMACIES**

Abbotsford Health Mart	715-721-6068
Aspirus Pharmacy, Medford	715-748-5800
Cornell Pharmacy, Cornell	715-239-6453
Medford Health Mart	715-748-4447
Owen-Withee Health Mart, Owen	715-229-2074
Walmart Pharmacy, Medford	715-748-9020
Walmart Pharmacy, Ladysmith	715-532-2721

### LOW INCOME INDEPENDENT LIVING

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Gilman Davlin Apartments Riverwood Apartments	715-748-2759 715-834-3411
Medford	
Cedar Court Apartments	715-748-8100
Centennial Apartments	715-748-6962
Medford Affordable (formerly Ada Deer)	715-314-1106
Riverview Apartments	715-748-2759
Eastwood & Maywood Apts	
Catholic Charities; Superior	888-831-8446
Rib Lake	
Hometown Village	715-748-2759
Rodney Becker Villa	715-357-3334
Woodridge Apartments	800-924-3256
Stetsonville	
Prairie Village Apartments	715-678-2323
Assisted Living	
Cedar Lane Apartments (CBRF), Medford	715-748-8100
Care Partners (CBRF), Medford	715-748-2114
The Homeplace of Dorchester (CBRF)	715-654-6000

Cedar Larie Apartinents (CDRF), Medicid	113-140-0100
Care Partners (CBRF), Medford	715-748-2114
The Homeplace of Dorchester (CBRF)	715-654-6000
Our House Senior Living (CBRF), Medford	715-748-2901
The Waterford of Colby (CBRF)	715-334-8703
Country Gardens (RCAC) Medford	715-748-8855
Athenian Living, (RCAC) Athens	715-257-2053
VitaCare Living, (CBRF) Medford	715-748-2114
VitaCare Living, (CBRF) Abbotsford	715-223-2182

### NURSING HOMES & REHAB FACILITIES

Aspirus Care & Rehab, Medford	715-748-8100
Abbotsford Health Care Center, Abbotsford	715-223-2359
Clark County Health Care Center, Owen	715-229-2172
Colonial Health & Rehabilitation, Colby	715-223-2352
Rib Lake Health Services, Rib Lake	715-427-5291

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### TAYLOR COUNTY HUMAN SERVICES

715-748-3332

The Taylor County Human Services Department promotes and encourages the well-being, safety, independence, and self-sufficiency of all Taylor County individuals and families through the provision of supportive services.

The Long Term Support Unit provides community services to elderly and physically disabled residents of Taylor County.

- Alzheimer's Funding
- Elder Abuse/Neglect and Adult at Risk Investigations
- Guardianship and Protective Placement Services

#### Mental Health Services.

- Individual, Marital & Family Counseling
- Psychological Evaluations
- Psychiatric Consultations
- Crisis Intervention Services

#### **Northern Income Maintenance Consortium**

The Northern IM Consortium is a partnership of twelve counties including Ashland, Bayfield, Florence, Forest, Iron, Lincoln, Price, Rusk, Sawyer, Taylor Vilas and Wood.

Anyone living within these counties may contact the Northern IM Call Center to apply for benefits, report changes to cases, check benefits, process eligibility, complete reviews, or ask questions for the following programs.

Medicaid	BadgerCarePlus
Medicaid Purchase Plan (MAPP)	Long Term Care
Qualified Medicare Beneficiary (QMB)	Family Care
Wisconsin's Caretaker Supplement (CTS)	Child Care
Family Planning Only Services	Food Share
	/a

Specified Low-Income Medicare Beneficiary (SLMB & SLMB+)

Applications, renewals, and changes can also be completed online at: www.access.wisconsin.gov

#### **Northern IM Consortium Call Center**

Phone: 888-794-5722 (Interpreters available)
Hours: Mon, Tues, Wed, Fri 8:00 am –4:00 pm
Thursdays 12:30 pm –4:00 pm

### TAYLOR COUNTY HEALTH DEPARTMENT

715-748-1410

### **Nail Care**

Nail care includes clipping and filing of toe nails by one of our trained public health nurses. This service is available by appointment-only for both Taylor County and out-of-county residents.

Pricing for nail care varies on age of resident and county of residence.

**Taylor County Resdents:** 

**Out-of County Residents:** 

Age 60 & up is \$10

All Ages are \$16

Under 60 is \$16

### **Ear Flushing**

Available for anyone 5 years and up, this service can be beneficial for residents who have excess earwax or other foreign objects in their ear canal that is impacting hearing, balance or their quality of life. Cost of this service is \$20.

### **TRANSPORTATION**

Medford Taxi	715-748-4200
Rides to VA medical appointments for Veterans	715-748-1488
Comfort Carriers	715-678-2030
Commission on Aging Mini Bus	715-748-1491
Commission on Aging Volunteer Drivers	715-748-1491
Veyo (Wisconsin Medicaid and BadgerCare Plus No Medical Transportation	n-Emergency 866-907-1493

### HEALTH SERVICES

Aspirus Wausau Hospital	715-847-2121
Aspirus Medford Clinic	715-748-2121
Aspirus Medford Hospital	715-748-8100
Aurora Community Clinic, Medford	715-748-4433
Taylored Family Care Clinic, Medford	715-748-5580
Marshfield Medical Center, Marshfield	866-520-2510
Marshfield Clinic Ladysmith Center	715-532-2300
Family Health Center of Marshfield	715-221-5700
Bone & Joint Medford	715-748-2663
Bone & Joint Merrill	715-344-1260
Bone & Joint Wausau	715-359-6442

### **IMPORTANT NUMBERS**

Taylor County Housing Authority	715-748-1456
Energy Services for Taylor County	715-785-5350
UW Extension Office, Medford	715-748-3327
FoodShare Quest Card Services	877-415-5164
Medigap (Supplement) Helpline	800-242-1060
Medicare Hotline	800-633-4227
Social Security (Wausau)	855-269-9186
Prescription Drug (Part D) Helpline	855-677-2783