



Dementia Care During the COVID-19 Pandemic

*A Webinar Series for Family
Caregivers and Professionals*

UCSF Weill Institute for
Neurosciences

Memory and
Aging Center

 Institute
on Aging

These dementia care webinars are intended to provide practical information for family caregivers impacted by the coronavirus pandemic, and the professionals who support them. The **webinars will be offered weekly on Wednesdays from noon to 1 p.m. (PDT)** via Zoom and facilitated by members of the UCSF Memory and Aging Center's (MAC) Behavior Task Force, in partnership with family caregivers and Institute on Aging. The format will be a 45-minute presentation followed by a Q&A session where questions from participants will be answered. Sessions will be recorded and made available on our website at memory.ucsf.edu/covid. One CE credit available for RNs, LCSWs, MFTs, LPCCs, LEPs and attorneys. (see details below).

May 6, 2020 "Preparing for a Potential COVID-19 Infection: What Are the Odds and What Are the Options?"

Presenter: [Ashwin Kotwal](#), MD, UCSF Geriatrics and Palliative Care

Objectives

- Identify at least three ways in which COVID-19 has impacted older adults in the Bay Area, including individuals living in care facilities
- Outline at least two options for medical care and support in the event of a COVID-19 diagnosis
- Apply tips for important conversations, documentation and preparation, in case you or a family member are diagnosed with COVID-19 or have to prepare for a hospital stay.

Registration link: ucsf.zoom.us/webinar/register/WN_4O69NJ9JTYmp9418gLMe7g

May 13, 2020 "Collectively Grieving the World as We Knew It"

Presenter: [Patrick Arbore](#), EdD, Institute on Aging

Objectives

- Briefly describe how trauma, grief and loss have been on the rise during this pandemic
- Explain how anxiety, stress, substance abuse and suicidal ideation have been exacerbated by the pandemic
- Discuss ways in which cultural and/or spiritual beliefs can be recognized as tools for comfort
- Apply three communication strategies for supporting someone who is suffering significant loss

Registration link: ucsf.zoom.us/webinar/register/WN_lvtCwxxGSn2e9M93iDG3UA

May 20, 2020 "Maintaining Medication Safety at a Distance"

Presenters: [Lisa Morse](#), RN, CNRN, and [Amy Liu](#), PharmD, UCSF Memory and Aging Center

Objectives

- Describe at least three potential medication safety concerns that may arise for family caregivers during shelter in place
- Identify medication access and organization options to make it easier for caregivers to manage medications from a distance
- Discuss medication administration strategies for individuals with cognitive impairment

Registration link: ucsf.zoom.us/webinar/register/WN_k5soTl2MQ7GNc5dhw5G_2w

May 27, 2020 "Managing Dementia-related Behaviors While Sheltering in Place"

Presenters: [Jennifer Merrilees](#), RN, PhD, and [Mary De May](#), MD, UCSF Memory and Aging Center

Objectives

- Describe the impact of dementia on changes in personality and behavior
- Explore non-pharmacological and pharmacological strategies for managing behaviors such as agitation, resistance to care, delusions and wandering while sheltering in place
- Identify at least three community resources that can be helpful to caregivers dealing with challenging behavior symptoms

Registration link: ucsf.zoom.us/webinar/register/WN_VINHa37YTpmi4JJx9Qklvg

Continuing Education Information (1.0 Continuing Education Unit): BRN; CAMFT; MCLE. Also note that BBS no longer delivers CEs. CAMFT is an approved BBS provider and offers CEs to MFTs and LCSW, LPCCs and LEPs.

If you seek 1.0 professional Continuing Education Unit, please indicate this when you register through Zoom. There will be no charge for this.

For further information, grievances, concerns, and special accommodations for disabilities, please contact Caitlin Morgan, Education Manager, Institute on Aging, at cmorgan@ioaging.org, or (415) 750-4114.

Introductory Level: No knowledge of the specific content area is required — you need not have in-depth knowledge or skills. The activity will provide information in accordance with basic knowledge of the topic.

All Continuing Education certificates will be delivered digitally, within 7 working days of the event. An evaluation-test will be sent electronically to all CE registrants who attend the entire webinar. This electronic evaluation must be completed in order to qualify for a CE certificate.

Provider approved by the California Board of Registered Nursing (BRN), Provider # CEP13610, for 1.0 Contact Hour.

CAMFT: institute on Aging is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for this program. IOA maintains responsibility for the course and its content. Course meets the qualifications for 1.0 hour of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs. CAMFT provider number is #135377.

State Bar of California (MCLE): Course meets the qualifications for 1.0 hour of continuing education credit for Attorneys (Provider #13264).